

Listening & Trauma; For such a time as this Saturday 30th October 10.00 am – 1.00 pm

The focus of the training is to increase awareness of the pastoral needs of people and communities in this time of trauma. How do we listen well and how do we support ourselves and others in times of adversity?

We live in an unprecedented time - a time of complex global trauma. Trauma has been called the mission field of the 21st century. This requires us a people of God to be aware, equipped and prepared to meet new care needs in new ways in this new context. This training will explore new perspectives on these issues so that we can provide better support as we move forward through global pandemic to new wiser ways of being.

Please note:

- *This event will be delivered online via Zoom, and the Zoom link will be sent to all participants in the week ahead of the training.*
- *This training will not be recorded.*
- *Comments and resource links left in the Zoom Chat Room will be edited and distributed to all participants following the training.*

Team:

The event will be hosted by **Ian White**, Senior Tutor, Cliff College ([Staff & Faculty - Cliff College](#)). Ian heads up the Short Course programme within the college ([Short Course programme - Cliff College](#))

Jennie Fytche: Jenny was a paediatric nurse for 25 years before moving into pastoral care. She has experience in healing and wholeness ministry and bereavement care. She is a mentor and trainer and currently works as a schools chaplain. She has a heart to see people and communities flourish as they draw closer to God.

Rhona Knight: Rhona was a GP for 25 years before being ordained in the Church of England. She is a spiritual director and pastoral supervisor and is currently doing a PhD on trauma in ministry. She loves to see the priesthood of all believers working together, as the body of Christ, to share his love in the world.

Timetable:

- 9.45 *Zoom open and welcome as folk arrive.*
- 10.00 Introduction by Ian White (Senior Tutor, Cliff College) / Explanation of Zoom etiquette / Welcome to speakers.
- 10.15 Introductions and Welcome: Jennie Fytche & Rhona Knight
- 10.20 Plenary Session (30 mins): Pastoral care what is it? & What is needed now?
- 10.50 Small group session (15 mins): What is needed now? How can we and the church be equipped for this? (Responses into the Chat Room).
- 11.05 Introduction to workshops: Ian
- 11.10 Workshop 1 (40 mins)
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- 11.50 *Refreshment break (15 mins)*
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- 12.05 Workshop 2 (40 mins)
- 12.45 Wrapping up & learning and action points: Jennie & Rhona
- 12.55 Ways forward & Thanks: Ian

Each person will be able to attend both workshops.

Workshop 1: Pastoral care foundations. This workshop will be about listening to God and listening to myself as I listen to others.

Workshop 2: A framework for pastoral care in a time of trauma. This workshop will be a brief introduction to listening to others in a time of trauma.